READ THIS FIRST

This is a **format template** for the IGNOU MAPC project dissertation (MPCE-016, MPCE-026 or MPCE-036). It follows the chapterisation and the list of bound-in papers in section 7.0 of the MAPC Handbook on Project (SOSS, IGNOU; revised November 2018). It contains no data and no findings: every table is empty and every result line is a frame for you to complete from your own analysis. Numbers that you did not collect yourself must never enter your dissertation.

Handbook format: about 100 pages typed in double space, A4 paper, bound form, written in English. For the December 2026 TEE, IGNOU's OPMS page asks for the complete report as a single PDF (up to 40 MB) and the approved papers as separate uploads, and says not to send a hard copy to SED or the Regional Centre. Check the portal page for your own session before you finish the file.

Prepared by the ignouproject.com editorial desk with AI assistance from sections 7.0, 9.0, 10.0 and Appendices VIII to XII of the Handbook, read in November 2026. Study reference, not for submission; not an IGNOU document.

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A. Page order of the dissertation

Order	Page or part	What the Handbook says
1	Title page	Title, name of the learner, enrolment number, regional centre, year, name of the guide
2	Certificate of Originality	Appendix IX, signed by the learner and the guide; states that the content was checked for plagiarism
3	Certificate of Completion	Appendix X, signed by the learner and the guide
4	Acknowledgement	Your own words
5	Table of Contents	With page numbers
6	Abstract	Around 250 to 300 words
7	Chapters 1 to 7	See part B
8	References	APA style, alphabetical
9	Appendices	Tools used for data collection, master data chart, and the papers in part C

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B. Chapters, with a planning budget of pages

The page column is our planning suggestion for a dissertation of about 100 pages, weighted by the marks in Appendix XII; IGNOU does not fix pages per chapter.

Chapter	What goes in (Handbook section 7.0)	Appendix XII marks	Our page budget
1 Introduction	The topic and a brief description of the variables	10 (with chapter 2)	8 to 10
2 Review of Literature	Studies by author, year, objectives, sample, tools, findings; flowing prose; recent studies within ten years	shared with 1	18 to 22
3 Rationale of the Study	Why this study, with these variables	5	3 to 4
4 Methodology	Problem, objectives, hypotheses, operational definitions, sample, design, tools (authors, items, reliability, validity, norms), data analysis	15	14 to 16
5 Results and Discussion	Findings in tables and graphs, discussed against earlier studies, with implications	20	24 to 28
6 Conclusion and Implications	Conclusions from the findings; implications	5 (with chapter 7)	4 to 5
7 Delimitations, Limitations and Future Suggestions	Scope, factors not controlled, suggestions for further research	shared with 6	3 to 4

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Chapter	What goes in (Handbook section 7.0)	Appendix XII marks	Our page budget
References	APA style	5	4 to 6

The remaining marks in Appendix XII are 10 for the synopsis (whether the dissertation follows the approved synopsis and its suggested modifications) and 30 for the viva voce. Total 100; minimum pass 40.

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C. Papers to bind or upload with the dissertation

Paper	Source in the Handbook	Your check
Proforma for Approval of Project Synopsis, in original	Appendix I	[ ]
Approved project synopsis, in original	Section 7.0	[ ]
Certificate of Originality, signed by learner and guide	Appendix IX	[ ]
Certificate of Completion	Appendix X	[ ]
Record of visits and activities, in original	Appendix VIII	[ ]
Evaluator's suggestions, if your synopsis was approved with modifications	Appendix II	[ ]

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D. Empty table shells for chapters 4 and 5

Table 4.1 Description of the sample [complete from your own data]

Characteristic	Category	n	Per cent
[ ]	[ ]		
[ ]	[ ]		
Total			

Table 5.1 Descriptive statistics of the study variables

Variable	N	Mean	SD	Minimum	Maximum
[Variable 1]					
[Variable 2]					

Table 5.2 Correlation between [Variable 1] and [Variable 2]

Variables	r	p	Decision on H01
[Variable 1] and [Variable 2]			[rejected / retained]

Table 5.3 Regression of [Variable 2] on [Variable 1]

Predictor	B	SE	Beta	t	p	R squared
[Variable 1]						

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E. Sentence frames for results (fill only from your own analysis)

1. The mean score of the sample on [Variable 1] was [ ] (SD = [ ]), which indicates a [low / moderate / high] level when read against [the scoring guide of the tool].

2. The Pearson correlation between [Variable 1] and [Variable 2] was r = [ ], p = [ ]; hence H01 is [rejected / retained].

3. [Variable 1] [did / did not] significantly predict [Variable 2], explaining [ ] per cent of its variance (R squared = [ ], p = [ ]); hence H02 is [rejected / retained].

4. This finding [agrees with / differs from] [author, year], who reported [their finding]. A possible reason is [your reasoning, tied to your sample].

F. Ethics and originality reminders from the Handbook

Data collection starts only after the synopsis is approved. Take informed consent, keep responses anonymous and confidential, and record every visit in the Appendix VIII format. Section 7.0 states that the information in the dissertation should not be plagiarised, and the Certificate of Originality you sign says the work is genuine and has been checked for plagiarism.

G. What happens next

The Handbook sends the dissertation to an external examiner from the list approved by the Discipline of Psychology, who also conducts the viva voce at the Regional Centre. There is no re-evaluation of the project; a learner who scores below 40 out of 100 starts again with a new topic and a fresh synopsis.

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